



The Community for Spiritual Formation

Saturday 18th March 2023

**An online retreat day with
Ruth Harvey**

Celtic, Incarnate, Relational: a spirituality for today

Ruth Harvey is Leader of the Iona Community, ‘an international, ecumenical Christian movement working for justice and peace, the rebuilding of community and the renewal of worship.’ With a background in mediation and conflict transformation, she has a passion for reconciliation from the inside out.

Ruth shares more about the theme “Iona, an island on the fringes of modern-day Scotland, was at the heart of the early Celtic Christian church. Whatever the land on which we sit, whatever the stories that nourish us, how might we continue to find ‘new ways to touch the lives of all’? Drawing on the story of the Iona Community, we will explore how our heritage, our story, informs our spiritual practice today.”



Programme for the Day

9:30 Gathering
9:40 Words of Welcome & Orientation
9:50 Morning Prayer
10:00 Listening and Learning 1
10:45 Silence/Reflection
12:00 Group Plenary/Sharing
12:45 Midday Prayer
13:00 Lunch/Free Time
14:15 Listening and Learning 2
15:00 Silence/Reflection
16:15 Group Plenary/Sharing
17:00 Evening Prayer
17:15 Close

Further Information

To register for this event please email fivedaycsf@btinternet.com by **Friday 10th March**.
Worship material will be sent by email in advance.
It is important to be present for the whole day.

Cost: Donations to the Community are invited with a suggested minimum amount of £10. This can be Gift Aided; forms and bank details will be shared when you register.

To find out more about the Community for Spiritual Formation please visit:
<https://5daycommunity.com/>